

# Emotions List

Happy	Exuberant	Foggy	Unsure	Baffled	Petrified
Sad	Left Out	Good	Content	Pleased	Overwhelmed
Angry	Irate	Upset	Moody	Dissatisfied	Potent
Confused	Lost	Annoyed	Uptight	Perplexed	Unworthy
Elated	Ecstatic	Misplaced	Puzzled	Afraid	Fearful
Depressed	Dejected	Relieved	Satisfied	Weak	Impotent
Furious	Seething	Distressed	Blue	Strong	Super
Bewildered	Fired Up	Frustrated	Dismayed	Guilty	Worthless
Excited	Hopeless	Disoriented	Bothered	Terrified	Panicky
Disappointed	Delighted	Satisfied	Pleasant	Helpless	Small
Enraged	Sorrowful	Regretful	Sorry	Powerful	Forceful
Trapped	Crushed	Agitated	Put-Out	Sorrowful	Exhausted
Overjoyed	Insecure	Mixed Up	Uncomfortable	Horrified	Proud
Alone	Cheerful	Contented	Fine	Hopeless	Drained
Outraged	Heartbroken	Hot	Lost	Aggressive	Determined
Troubled	Upset	Disgusted	Irritated	Remorseful	Scared
Thrilled	Disorganized	Shy	Undecided	Scared Stiff	Dependent
Hurt	Up	Glad	Mellow	Beat	Energetic
Aggravated	Down	Unhappy	Bad	Gung Ho	Sorry
Desperate	Mad	Perturbed	Touchy	Ashamed	Frightened
Incapable	Persuasive	Unsatisfied	Timid	Tired	Apprehensive
Capable	Uneasy	Secure	Unsure	Adequate	Inadequate
Lowdown	Rundown	Embarrassed	Able	Shaky	Lethargic
Threatened	Sure	Nervous	Unsure		
Lifeless	Shocked	Under Par	Soft		
Confident	Lazy	Durable	Capable		
Sneaky	Insecure	Worried	Anxious		